

THE ADVENT WREATH was probably introduced into the Church to counteract the Pagan practice of worshipping the sun god - Sol Invictus, or the invincible sun. At this time of year it was a Roman practice to deck a chariot wheel with evergreen boughs and candles in recognition that although the sun is at it's lowest, it will return and the sun god is invincible.

For Christians the candles represent Hope, Peace, Joy and Love. During Advent, take time as a family to talk and pray about those four great lights in our world.

There are two pages on our website; www.narraghmoreandmoone.ie worth checking out: one is the DTIM page which has all of the resources for the Parish Programme and the other is the Advent Page which has lots of idea of how, as a family, you can celebrate Advent in preparation for Christmas.



THE POWER OF ONE. Mary - Her Yes, Our Yes.

One song can spark a moment, One whisper can wake the dream. One tree can start a forest, One bird can herald spring.

One smile begins a friendship, One handclasp can lift a soul One star can guide a ship at sea, One word can frame the goal

One vote can change a nation, One sunbeam lights a room One candle wipes out darkness, One laugh will conquer gloom.

One step must start each journey. One word must start each prayer. One hope will raise our spirits, One touch can show you care.

One voice can speak with wisdom, One heart can know what's true. One life can make a difference, You see, it's up to you!

Living Advent is a good way to help you to prepare for Christmas. You will receive a short reflection, via WhatsApp, each day during Advent. The reflections are designed to encourage you to reflect on the meaning of Advent to prepare for the meaning of Christmas. Why not give it a go?

Advent - Preparing for Christmas



Advent starts today. One of the ways that you can celebrate Advent is by making an Advent Wreath. Here's how! Get 4 old bean/soup tins, fill them with sand and place your candles in them, 3 purple and 1 pink (if you haven't got coloured candles that doesn't matter).

You can decorate them with some ribbon and some evergreen branches. Light one candle for each of the Sundays in Advent. Week 1 say a prayer for Hope, Week 2 for Peace, Week 3 for Joy (Pink Candle) Week 4 for Love.

REVERSE ADVENT CALENDAR

Another Advent idea is to create a Reverse Advent Calendar. What is a reverse Advent Calendar? Well, instead of receiving something each day during Advent the children put something in a box or bag that can be given to the poor as we get close to Christmas. Perhaps it can be something simple like a packet of biscuits, a tin of soup, a colouring book or pencils. So that at Christmas we can make it a joyful time for others who may be less fortunate.

PARISHES OF ATHY, NARRAGHMORE & MOONE



DTIM NEWSLETTER

Family Resource Sheet for the Sacraments of mciliation & Holy Communion November 2022 - 1st Sunday of Advent



HAPPY NEW YEAR!! No don't worry, you haven't gone to sleep and missed Christmas. The First Sunday of Advent is the beginning of the Church year or the Liturgical year. It makes sense if you think about. You see, for the Church, everything revolves around the life of Jesus, and Jesus' life began, on earth, when He was born. So it makes sense that we we would begin the year around this time too.

We use Advent, these four weeks before the birthday of Jesus at Christmas, to get ready for the birth of Jesus. It's a time of looking forward of preparing, just like getting ready to receive Jesus in Holy Communion.

Over the next few weeks adults will be very busy getting the house ready for Christmas. Santa will be very busy getting his sleigh ready with all the toys. And we have to be very busy as well getting ready for Jesus.

What New Year resolution will you make this year to get ready for Jesus? Will you try to be nicer to those around you, especially your family and friends? Will you maybe save just a little of your pocket money to give to those who might have not enough to eat? As a family, come up with ways to help prepare for the coming of Jesus at Christmas and in Holy Communion.

Parish Team Contact Details

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ACTIVITY PAGE

ADVENT WORD-SEARCH

Can you find the 15 words about Advent that are hidden in this puzzle?

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PINK PURPLE PREPARING PEACE CANDLES WREATH LIGHT ROUND ADVENT COME LORD JESUS LOVE HOPE JOY COMING MARANATHA

ļ	The Advent	Wreath is made of
	branches in	Wreath is made of
	There are _	condles on the
	Three	, Pink and one

Each week we light a new candle. On the third Sunday we light the _ _ _ _ candle. This Sunday is called Rejoicing Sunday, and is a time when we focus on _ _ _ _, the mother of ____ We light the White candle, which is the candle for Jesus on _ _ _ _ _ _ Day.

Fill in the gaps from this list of words: Christmas, Green, Circle, Mary, Jesus, One, Five, White, Wreath, Pink, Purple.

When you have finished, colour in the Advent Wreath using the correct colours for each of the candles

LEARNING THE MASS

When we gather at mass it is important that we are all able to participate as fully possible. Each month we will include some of the prayers and mass responses that you can practice with your child.

When we gather, after the greeting, which we looked at last month, we then say sorry to God and to each other for the times when we did not live from the best that is in us. We do this so that we can come to communion more worthily. One of the ways that we say sorry is by praying the Confiteor - a prayer that takes it's name from the first words 'I confess'.

Confiteor

I confess to almighty God and to you, my brothers and sisters, that I have greatly sinned. In my thoughts and in my words, In what I have done and in what I have failed to do. Through my fault, through my fault, through my most grievous fault; therefore I ask blessed Mary ever-virgin, all the Angels and Saints, and you, my brothers and sisters, to pray for me to the Lord Our God. Amen.

LET'S PRAY TOGETHER

Glory be to the Father, and to the Son and to the Holy Spirit, as it was in the beginning, is now and ever shall be. World without end. Amen.





