

## The Body and Blood of Christ

Today we celebrate the feast day of the Body and Blood of Jesus in the Blessed Sacrament. At the Last Supper, Jesus knew that He was going to leave His friends. So He turned the bread into His Body and the wine into His Blood - even though they still looked like bread and wine - and told the Apostles to do the same.

Jesus gave the Apostles, who were the first priests, the power to change bread and wine into His Body and Blood in the Mass. Now at every Mass Jesus comes to us on the altar, Body and Blood, Soul and Divinity!

Of course we can't see any change happen when the priest consecrates the bread and wine, but we know that God can do things without us understanding them. He loves us so much that He wants to come to us hidden in Holy Communion. Now it is up to us to love Him back with our whole hearts!

Answers to match-up puzzle:  
A-2, B-6, C-7, D-4, E-1, F-5, G-3.  
Answer to puzzle on front: Living Bread.



THE BODY & BLOOD OF JESUS  
JUNE 11<sup>TH</sup> 2023



What did Jesus say  
in today's Gospel  
reading?  
Put the letters in  
order to fill in the  
blanks at the bottom.

6 G

3 V

5 N

11 D

1 L

7 B

10 A

4 I

9 E

2 T

8 R

"I am the \_\_\_\_\_  
which came down from Heaven."



# Gospel Match-up

*How well do you know  
today's Gospel story?  
See if you can match up the first parts  
with the second parts of what  
Jesus told the people.*



When we come to Mass GOD gives us a very special gift. HE gives us the Body and Blood of Jesus, but they look like a small piece of bread a cup of wine. Can you colour in the Bread and Wine? The cup is called a chalice and is very precious. At Mass look and see what colour it is.

- |   |          |                                       |
|---|----------|---------------------------------------|
| I am the living bread   | <b>A</b> | <b>1</b> food indeed,                 |
| if any one eats of this bread,                                  | <b>B</b> | <b>2</b> which came down from heaven; |
| the bread which I shall give for the life of the world          | <b>C</b> | <b>3</b> abides in me, and I in him.  |
| Unless you eat the flesh of the Son of man and drink his blood, | <b>D</b> | <b>4</b> you have no life in you      |
| For my flesh is   | <b>E</b> | <b>5</b> is drink indeed.             |
| and my blood  | <b>F</b> | <b>6</b> he will live for ever;       |
| He who eats my flesh and drinks my blood                        | <b>G</b> | <b>7</b> is my flesh.                 |

