

Parishes of Narraghmore & Moone

The Faith Communities of:



Ballymount, Crookstown, Kilmead & Moone

Parish Bulletin ~ Sunday 18th February 2024 ~ 1st Sunday of Lent

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Lectio Divina During Lent

Journey through Lent with Scripture. Starting on Wednesday 21st February there will be weekly Lectio Divina on the Sunday Readings. It will take place in Crookstown Church after the Rosary. Looking forward to seeing you there.

Any queries contact
Natasha Geoghegan on
0876730300

Lenten Prayer Evenings

The Parishes of Narraghmore, Moone, Athy and Castledermot will be holding Lenten Prayer evenings for the following Wednesdays during Lent.

- **Wednesday 21st February @ 7pm** in Church of the Blessed Trinity, Moone.
- **Wednesday 28th February @ 7pm** in the Church of the Assumption, Castledermot.
- **Wednesday 6th March @ 7pm** in Ss. Mary & Laurence Church, Crookstown.
- **Wednesday 13th March @ 7pm** in St. Ita's Church, Kilmead
- **Wednesday 20th March @ 7pm** in St. Michael's Church, Athy.

Our Lenten Prayer evenings, will reflect on the following themes: Healing, Forgiveness, Faith, Hope & Love. All are welcome as we pray together on our Lenten Journey.



INTENTIONS SATURDAY & SUNDAY

Recently Deceased:

John Crosby

CROOKSTOWN 7PM -

Mary Kelly (1st A)
Willie Doyle - Blackrath (A)
John Leigh - Ballymount (A)
Ellen (Nell) Fleming (M.M.)
Eugene Kelly (25th A) & Teresa Kelly - Calverstown (5th A)
Michael & Delia Lavin (A)
Bridie Cassidy - Blackhall (A)
Tommy Fleming - Blackhall (A)

BALLYMOUNT 8.30AM -

Joseph Doyle - Blackrath (A)

Kilmead 10:30am

Diarmuid Flynn (M.M.)
Johnny and Teresa Kelly - Youngstown (A)
Brigid Doyle (1st A)
Jim Keegan (A)
Rose Ita O'Brien (A)

MOONE 12:00NOON

Brother Alberic Turner - Bolton Abbey (A)
Dora Phelan (née Carton) (A)
Dick Watts (A)
Christy Nolan (A) & his parents Pat & Jany

MOONE TUESDAY 10AM - Liturgy of the Word with Holy Communion

MASS TIMES IN NARRAGHMORE & MOONE

ST JOSEPH'S BALLYMOUNT: Sunday 8:30am

SS MARY & LAWRENCE CROOKSTOWN:

Saturday 7pm (Vigil)

Wednesday & Friday: 9.30am

ST ITA'S KILMEAD: Sunday 10.30am

Mass is celebrated most weekdays at 10am but is subject to change.

MOONE TUESDAY 10AM - Liturgy of the Word with Holy Communion

MOST BLESSED TRINITY MOONE: Sunday 12noon. Holy Day: 11am

Catechetical Corner – Fast and Abstinence

During Lent we often talk about Fasting and Abstinence, but what does the Church require us to do and what do we mean by Fasting and Abstinence?

Fasting is listed as one of the Precepts (*the fifth*) of the Church - (*see the Catechism of the Catholic Church #2043*). The precepts of the Church are duties that the Catholic Church requires of all the faithful. Also called the commandments of the Church, they are binding under pain of mortal sin, but the point is not to punish. As the Catechism of the Catholic Church (CCC) explains, the binding nature “is meant to guarantee to the faithful the indispensable minimum in the spirit of prayer and moral effort, in the growth of love of God and neighbour.” (CCC #2041 - 2043) If we follow these commands, we’ll know that we’re headed in the right direction spiritually.

The Church defines fasting as: “... having one normal meal during the day..., it is allowed to take a very light breakfast and a very light dinner if the principal meal is lunchtime; or a very light lunch if the principal heavy meal is done at night. During the rest of the day, one must not eat, taking into account that water and medication do not break the fast.”

Abstinence on the other hand entails the avoidance of meat and poultry on certain days throughout the year. There are certain days that are Fasting Days and other days that are Fasting and Abstinence. These days are called ‘*Penitential Days*’ “penitential days are prescribed on which the Christian faithful devote themselves in a special way to prayer, perform works of piety and charity, and deny themselves by fulfilling their own obligations more faithfully and especially by observing fast and abstinence...” (Code of Canon Law, CIC, # 1249). “Abstinence and fasting are to be observed on Ash Wednesday and Good Friday.” (CIC # 1251)

“The law of fasting binds those who have attained their majority, until the beginning of their sixtieth year.” (CIC 1252). On the other hand; “The law of abstinence binds those who have completed their fourteenth year...” (CIC 1252). Fasting in this manner is not required of those who for health or medical reasons should not fast. Perhaps we could fast from something else like television, our phone or our favourite snacks. Why do we fast? We fast in the example of Jesus who spent 40 days in the desert (see Mark 1:12). We fast because all the saints tell us it is a vital spiritual tool: St. Augustine: “Fasting purifies the soul. It lifts up the mind, and it brings the body into subjection to the spirit. It makes the heart contrite and humble, scatters the clouds of desire, puts out the flames of lust and enkindles the true light of chastity.” St Thomas Aquinas: “...For we fast for three purposes: to restrain the desires of the flesh; to raise the mind to contemplate sublime things; to make satisfaction for our sins. These are good and noble things, and so fasting is virtuous.” Our Lady, especially in Medjugorje, has called us time and again to fast. Lent is a blessing given to us to grow in our relationship with GOD and one another, a springtime of spiritual re-growth.



World Day of Prayer

World Day of Prayer Service will be celebrated in Ss. Mary & Laurence Church, Crookstown, on Friday 1st March at 7:30pm. This year the service was prepared by an ecumenical group in Palestine, and it's theme is “I beg you...Bear with one another in Love”. Our Prayer service will be lead by parishioners of Narraghmore and Moone. All are welcome .



Saint of the Week—The Chair of St. Peter

On February 22nd, we observe the Feast of the Chair of Saint Peter, celebrating the doctrine that “Christ the Lord... made Peter and his successors His vicars, to exercise forever in the Church the power which He exercised during His mortal life.”

“And so I say to you, you are Peter, and upon this rock I will build my church”,

Prayer

Grant, we pray, almighty God, that no tempests may disturb us, for you have set us fast on the rock of the Apostle Peter's Confession of faith. Through our Lord Jesus Christ, your Son, who lives and reigns with you in unity of the Holy Spirit, one God forever and ever. Amen

Divine Mercy Conference

Divine Mercy Conference is taking place on the 23rd, 24th, & 25th February 2024 in the Main Hall RDS, Ballsbridge, Dublin 4. Speakers for Conference are; Bishop Alphonsus Cullinan DD, Fr. Brendan Walsh SAC, Sr. Mary Claire Kenneally OLM, Sr. Donata Farbaniec OLM, Fr. Pat Collins & many more. Tickets: Saturday €35, Sunday €25, Weekend €40 available through their website www.divinemercyconference.com For group bookings phone 0852216128 or email: divinemercyconference@gmail.com

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