

The Body and Blood of Christ

When Jesus went back to Heaven He didn't want to leave us all alone, so He gave Himself to us in the Holy Eucharist. First He gave Himself to the Apostles at the Last Supper, and today He gives Himself to us in Holy Communion.

Normally when we eat something it gets absorbed into our body. But receiving Jesus in Holy Communion does something different. It makes us more into Jesus' Body! It brings our soul closer to God and closer to all the other people in the Church. That's what "Communion" means.

When we go to Communion in a state of grace we can get so much more grace from God. Our venial (small) sins can be taken away and we can get more strength to do His will. In fact, the time that your prayers are the most powerful is right after you receive Holy Communion, when Jesus is right inside you. He is your closest friend and only wants what is good for you. When you go to Communion remember Who you just received and don't forget to thank Him for coming to you!

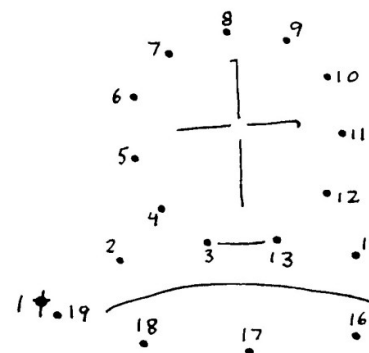
Answers to Unscramble Puzzle: top: 3, 6 middle: 5, 1 bottom: 2, 4

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Parishes of
Narraghtmore & Moone



CORPUS CHRISTI
JUNE 22ND 2025

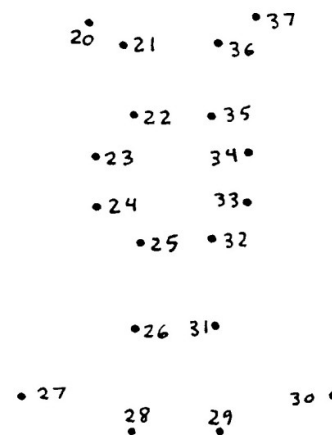


*Today is the feast
day of the
Body and Blood
of Jesus.*

*When He died
on the cross
He offered up
His Body and
Blood for us.*

*Jesus also gave
us His Body and
Blood to eat and
drink at the Last
Supper.*

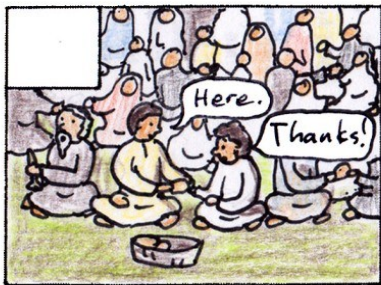
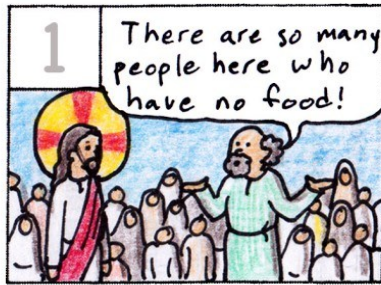
*Connect the dots
to see where He
comes to us now!*



Luke 9.11b-17

Unscramble the Story: Five Loaves and Two Fishes

How well do you know the story of the multiplication of the loaves and fishes? Put the numbers from 1 to 6 in the boxes in the right order.



When Jesus fed the crowd of five thousand with five loaves and two fish, He was giving an example of how He could feed everyone with His Body and Blood in Holy Communion.

Every time that we come to Holy Mass, the priest prays a very special prayer and he asks GOD to do something really amazing, to turn bread into the body of Jesus and wine into His blood. Can you colour in the picture of the priest as he holds the Host, that's what we call it after the prayer? Do you know what the priest says?

