

Parishes of Narraghmore & Moone

The Faith Communities of:



Ballymount, Crookstown, Kilmead & Moone

Parish Bulletin - 1st Sunday of Lent - 22nd February 2026

THE PARISH TEAM:

FR LIAM RIGNEY PP - 087-2607377;
Email: liam.rigney@dublindiocese.ie

FR TIM HANNON CC - 059-863 070

FR FRANCIS MCCARTHY CC -
087-6978143

Canon Frank McEvoy

Fr. Vincent Dempsey

CONOR MCCANN - Parish Pastoral Worker
Athy, Narraghmore, Moone & Castledermot
Phone: .086-7905654.

Email: conor.mccann@dublindiocese.ie

NATASHA GEOGHEGAN - Parish Pastoral Worker

Athy, Narraghmore Moone & Castledermot.
Phone: 087-6730300.

Email: natasha.curran@dublindiocese.ie.

PARISH SECRETARIES

BER MURPHY & BETTY MURPHY

Mon, Tues, Wed 10am - 3pm, closed
Thurs, Fri 10am - 2pm. Ss. Mary & Laurence Church, Crookstown

TEL:0598623154.

Email: stlaurenceschurch@gmail.com

MASS TIMES

MOONE TUESDAY 10AM - Liturgy of the Word with Holy Communion

MASS TIMES IN NARRAGHMORE & MOONE

ST JOSEPH'S BALLYMOUNT: Sunday 8:30am

SS MARY & LAWRENCE CROOKSTOWN: Saturday 7pm (Vigil)
Wednesday & Friday: 9.30am

ST ITA'S KILMEAD: Sunday 10.30am
Mass is celebrated most weekdays at 10am but is subject to change

MOONE TUESDAY 10AM - Liturgy of the Word with Holy Communion

MOST BLESSED TRINITY MOONE: Sunday 12noon. Holy Day: 11am

INTENTIONS SATURDAY & SUNDAY

CROOKSTOWN 7PM

Eileen Ghent (A)
Sr. Mary Ghent OSM (A)
Agnes Chambers Ghent (A)
Kate Ghent (A)
William Doyle - Blackrath (A)
Joseph Doyle - Blackrath (A)
Baby Martin Mackey (1st A)
Eugene Kelly (27thA)
Teresa Kelly (7th A)
Michael Lavin (A)
Brigid Cassidy - Blackhall (A)
Tommy Fleming - Blackhall (A)
Barbara Dunne (Months Mind)

BALLYMOUNT 8:30AM

Paul Keatley (A) and deceased members of the Keatley family

KILMEAD 10:30AM

Johnnie and Teresa Kelly - Youngstown (A)
Margaret Keegan (A)
Billy and Kevin Cullen (A)

MOONE 12:00NOON

Brother Alberic Turner (A)
Tim Riordan (A)
Pat Janey & Christy Nolan - Portersize (A)
Cecil Moore (A)
Dick Watts (A)



The parishes of Narraghmore, Moone . Athy and Castledermot will be leading Lenten prayer evenings each Thursday night throughout Lent. We invite you to come to pray, to relax and to reflect as you journey through Lent. Dates are as Follows:

Church of the Assumption, Castledermot Thursday 26th February @ 7pm
St. Michael's Church Athy - 5th March @ 7pm

Church of the Most Holy Trinity Moone, 12th March @7pm
St. Ita's Kilmead - 19th March @ 7pm
Ss. Mary & Laurence Church , Crookstown 26th March @7pm

QUIZ

Family Table Quiz in aid of St. Laurence's NS Crookstown on Sunday March 8th at 3pm in St Laurence's GAA. Fun for all the family. Table cost €40. All support welcome!

Holy Hour Crookstown

Holy Hour takes place every Tuesday evening in Ss. Mary and Laurence Church Crookstown from 7pm-8pm.

Catechetical Corner – Fast and Abstinence

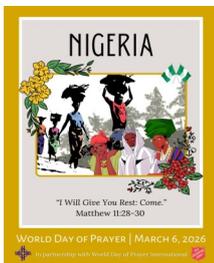
Lent began on Wednesday, Ash Wednesday, a day of 'Fast and Abstinence' but what does the Church require us to do and what do we mean by Fast and Abstinence? Fasting is listed as one of the Precepts (the fifth) of the Church - (see the Catechism of the Catholic Church CCC #2043). The precepts of the Church are duties that the Church requires of all the faithful. Also called the commandments of the Church, they are binding under pain of mortal sin, but the point is not to punish. As the Catechism explains, the binding nature "is meant to guarantee to the faithful the indispensable minimum in the spirit of prayer and moral effort, in the growth of love of God and neighbour." (CCC #2041 - 2043) If we follow these commands, we'll know that we're headed in the right direction spiritually.

The Church defines fasting as: "... having one normal meal during the day..., it is allowed to take a very light breakfast and a very light dinner if the principal meal is lunchtime; or a very light lunch if the principal heavy meal is done at night. During the rest of the day, one must not eat, taking into account that water and medication do not break the fast."

Abstinence on the other hand entails the avoidance of meat and poultry on certain days throughout the year. There are certain days that are Fasting Days and other days that are Fasting and Abstinence. These days are called 'Penitential Days' "penitential days are prescribed on which the Christian faithful devote themselves in a special way to prayer, perform works of piety and charity, and deny themselves by fulfilling their own obligations more faithfully and especially by observing fast and abstinence..." (Code of Canon Law, CIC, # 1249). "Abstinence and fasting are to be observed on Ash Wednesday and Good Friday." (CIC # 1251)

"The law of fasting binds those who have attained their majority, until the beginning of their sixtieth year." (CIC 1252). On the other hand; "The law of abstinence binds those who have completed their fourteenth year..." (CIC 1252). Fasting in this manner is not required of those who for health or medical reasons should not fast. Perhaps we could fast from something else like television, our phone or our favourite snacks. Why do we fast? We fast in the example of Jesus who spent 40 days in the desert (see Mark 1:12). We fast because all the saints tell us it is a vital spiritual tool: St. Augustine: "Fasting purifies the soul. It lifts up the mind, and it brings the body into subjection to the spirit. It makes the heart contrite and humble, scatters the clouds of desire, puts out the flames of lust and enkindles the true light of chastity." St Thomas Aquinas: "...For we fast for three purposes: to restrain the desires of the flesh; to raise the mind to contemplate sublime things; to make satisfaction for our sins. These are good and noble things, and so fasting is virtuous." Our Lady, especially in Medjugorje, has called us time and again to fast. Lent is blessing given to us to grow in our relationship with GOD and one another, a springtime of spiritual re-growth.

World Day of Prayer
World day of Prayer will take place in the Church of the Assumption Castledermot on Friday 6th March at 7:30pm. This year, the world day of prayer was prepared by the World day of prayer committee in Nigeria. The Theme is ' I will give you rest, Come.' All are welcome.



Kilmead Holy Hour will take place on the First Friday of every month from 7pm-8pm. Our next holy hour will be on Friday March 6th . All are welcome .

Live Lent 2026 is the Lenten Programme of the Parishes of Athy, Narraghmore & Moone. You are invited to join your parish community online where, each day during Lent you will receive a message by either WhatsApp or email with words of inspiration and encouragement as we journey through Lent together. To join, all you have to do is scan the QR code on the posters in the Church or in the Newsletter or send an email livelent2026@gmail.com. Posters with QR code at back of Church.

**PARISHES OF ATHY, MOONE & NARRAGHMORE
PILGRIMAGE TO LOURDES 2026**
7 nights 4 Star Hotel Padoue 22nd June – 29th June 2026. Cost €995 pps
Spiritual Director Fr. Francis McCarthy. There is a Saving Club available. Further details contact - Christopher Rowan
087 2707 182

Fatima Pilgrimage:

"Join the Missionaries of the Sacred Heart Pilgrimage to Fatima from the 22nd to the 26th September 2026 ex Cork and Dublin. Spiritual Director Fr Joe McGee, MSC. For more details ring Karen in Barbers Travel or email kcallaghan@travelnet.ie "

Daily Prayer for Lent

Heavenly Father, during lent, I offer you the day ahead of me: all of my hopes, fears, conversations, struggles, and blessings. Help me to make myself 100% available to you. Give me the grace to say yes to you in the big things and in the small things of the day. Open my eyes to see the needs of the people around me, the people I will come across in my family, in my work, and in every small interaction. And give me the wisdom to seek you and your Will for my life in every small moment of this day. Amen.