



THIRD SUNDAY OF LENT
MARCH 8TH 2026

Water...



In today's first reading, the Israelites in the desert are thirsty and ask Moses for water. So God tells him to strike a big rock with his staff and water comes out. In the Gospel reading, Jesus tells the Samaritan woman that He can give her living water so that she will never be thirsty.

Water is a symbol of life. In the first story the people in the desert would have died if they didn't get water. Now Jesus gives us His life, which is grace. We receive it especially in Holy Communion. This is the living water that He is talking about. Our souls need His grace to stay alive.



When you have a drink of water, think about how your body needs water to stay alive, and how your soul needs God's grace. Saying a prayer is kind of like giving your soul a little drink!



Answer to puzzle on front: will never thirst.
Answer to puzzle inside: because, hearts, Spirit, given, still, time, difficulty, might, courage, God, "Christ died"

Word search puzzle letters:

N ⁵	E ⁸	S ¹⁴	I ²
I ¹²	E ⁶	L ⁴	R ¹³
R ⁹	T ¹⁵	V ⁷	L ³
T ¹⁰	W ¹	H ¹¹	

Jesus says that if we drink
His living water, we

1	2	3	4	5	6	7	8	9
10	11	12	13	14	15			



Fill-in-the-Blanks

Fill in the blanks with the words in the box.
Use the marked letters to fill in the blanks at the end.

And hope does not disappoint,

1. _____ the love of God has
been poured into our 2. _____
through the Holy 3. _____ who
has been 4. _____ to us. For
Christ, while we were 5. _____
helpless, died at the appointed
6. _____ for the ungodly. Indeed,
only with 7. _____
does one die for a just person, though
perhaps for a good person one
8. _____ even find
9. _____ to die. But
10. _____ proves his love for us in that...
...WHILE WE WERE STILL SINNERS

_____ FOR US.
1 2 3 4 5 6 7 8 9 10

COURAGE	DIFFICULTY	HEARTS
GOD	TIME	GIVEN
SPIRIT	MIGHT	BECAUSE

In our Gospel story today we hear all about how Jesus met a woman at a well. And how because of her many people became great friends with Jesus. Can you colour in the picture of Jesus talking with the woman at the well?

